

PENINSULA PARTNERS: SUMMER GUIDE 2022



RESTAURANTS & CAFÉS

Arborvine

Fine dining made with local ingredients.
Blue Hill · 207-374-2119 · arborvine.com

Barncastle

Hotel and pub with pub menu.
Blue Hill · 207-374-2300 · barncastle.me

Blaze

Beer garden and kitchen.
Blue Hill · 207-374-7237 · [@blazebluehill](https://twitter.com/blazebluehill)

El El Frijoles ★

Handmade Mexican food and inventive specials using local ingredients.
Sargentville · 207-359-2486 · elfrijoles.com

LDI Lobster ★

Lobsters, clams, mussels, burgers, and fries with a view of Deer Isle-Sedgwick Bridge.
Little Deer Isle · 207-348-2848 · ldilobster.com

Perry's Lobster Shack ★

Dockside dining featuring fresh lobster, lobster rolls, clams, and mussels.
Surry · 207-667-1955 · perryslobstershack.com

Pugnuts Ice Cream Shop ★

30+ flavors of in-house made ice cream and gelato. Cookies, croissants, and coffee.
Surry · 207-412-0086 · pugnuts.com

Sandy's Blue Hill Café

Breakfast and lunch, bakery, house-roasted coffee.
Blue Hill · 207-374-5550 · sandysbluehillcafe.com

Siam Sky

Thai food in the heart of Blue Hill.
Blue Hill · 207-374-7157 · siamskyrestaurant.com

Strong Brewing Co. ★

Microbrewery, on-site tasting and takeaway ales and lagers.
Sedgwick · 207-359-8722 · strongbrewing.com



5 MAIN STREET



EL EL FRIJOLE



LDI LOBSTER



PERRY'S LOBSTER SHACK



PUGNUTS ICE CREAM SHOP



STRONG BREWING

Businesses with this ★ symbol host our signs at their locations. Please be sure to visit! Let them know we sent you!

THE ACTIVITY SHOP

KAYAK, CANOE & S.U.P. RENTAL & DELIVERY

139 MINES ROAD, BLUE HILL, MAINE 04614 · 207.374.3600 · theactivityshop.com

OUTDOOR ACTIVITIES

Blue Hill Heritage Trust

Community-based land conservation. Featuring more than 31 miles of public access walking trails.

bluehillheritagetrust.org

Maine Island Tours

Experience Eggemoggin Reach with Captain Art aboard EASTWARD.

Brooklin · 207-266-4143
maineislandtours.com

Oceanfront Camping at Reach Knolls

Rustic camping on the shores of Eggemoggin Reach.

Brooklin · 207-359-5555 · reachknolls.com

Pinniped Kayak

Sea kayak adventures and instruction in and around the waters of Ellsworth, Sullivan, and Mount Desert Island.

Ellsworth · 207-669-2174
pinnipedkayak.com

Sea Kayak Stonington

Sea kayak rentals, lessons, and guided tours.

Stonington · 207-664-8433
upwestanddowneast.com

SHOPPING

5 Main Street ★

Summer pop-up with Leaf & Anna, Hanna B. Designs, la maison rehash, and Art Box

Blue Hill · 207-374-2575
[@5mainstreet](https://www.instagram.com/5mainstreet)

Blue Hill Books

Independent bookseller with a varied selection.

Blue Hill · 207-374-5632 · bluehillbooks.com

Cadillac Mountain Sports

Sport and outdoor equipment, bike repair.

Ellsworth & Bar Harbor · 207-667-7819
cadillacsports.com

Fairwinds Florist

Specializing in locally grown flowers.

Delivery throughout the region.

Blue Hill · 207-374-5621
fairwindsflorist.com

CULTURE & ENRICHMENT

Blue Hill Public Library

Opening doors to information, culture, community, and the world. In-person and digital services for all.

Blue Hill · 207-374-5515 · bhpl.net

Flash! In the Pans

Steel drum band and street dances.

Alternating Mondays at Blue Hill Town Park
flashinthepans.org

Kneisel Hall

Chamber music school and summer festival.

Blue Hill · 207-374-2811 · kneisel.org

Peninsula Metamorphic Arts & Learning

Tutoring, college essay coaching, and storytelling. Blue Hill · 207-374-5255 ·

pmalcenter.com

MARKETS & GROCERIES

Blue Hill Co-op & Café

Groceries, local goods, bulk items. Café features sandwiches, salads, soups, smoothies, coffee, and locally-sourced baked goods.

Blue Hill · 207-374-2165 · bluehill.coop

Blue Hill Farmers' Market

The original farmers' market on the peninsula. Local farms, prepared foods, crafts, and live music. Saturdays 9-11:30am, late-May to early-October.

Blue Hill · bluehillfarmersmarket.com

Blue Hill Wine Shop

Eclectic selection of wines, beer, cider, pantry goods, teas, coffee, and cheeses.

Blue Hill · 207-374-2161 ·
bluehillwineshop.com

Brooklin General Store

Convenience store, made-to-order pizza and grab-n-go lunch items.

Brooklin · 207-359-8359
brooklingeneralstore.com

Tradewinds Marketplace

The only full-service grocery store on the peninsula. Pharmacy, gas station, car wash.

Blue Hill · 207-374-5137
tradewindsmarkets.com/locations/blue-hill

NEWS & LOCAL INFORMATION

Blue Hill Peninsula Chamber of Commerce

Resources for residents and visitors. Area guides available throughout the peninsula at Info Centers.

bluehillpeninsula.org

Maine Public

Local source for PBS, NPR, BBC on tv, radio, and online.

mainepublic.org

Penobscot Bay Press

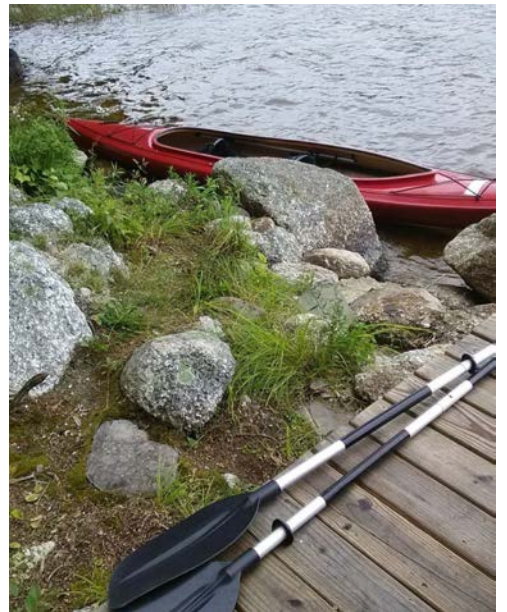
Weekly newspaper publishing: The Weekly Packet, Castine Patriot, and Island Ad-Vantages.

penobscotbaypress.com

WERU 89.9 FM

Community radio. On-air and live streaming of music, local news, and community programming.

weru.org



Let's connect on social media!
We're @theactivityshop!



About The Activity Shop's Peninsula Partners Summer Guide: Think of this guide as some of our favorite spots in the region. There's a whole lot more to explore than can fit on a piece of paper! Contact everyone to confirm hours of operation