

# PENINSULA PARTNERS: SUMMER GUIDE 2023



## RESTAURANTS & CAFÉS

### Arborvine

Fine dining made with local ingredients.  
Blue Hill · 207-374-2119 · [arborvine.com](http://arborvine.com)

### Barncastle

Hotel and pub with pub menu.  
Blue Hill · 207-374-2300 · [barncastle.me](http://barncastle.me)

### Blaze

Wood-fired pizza and beer garden.  
Blue Hill · 207-374-7237 · [@blazebluehill](https://www.instagram.com/blazebluehill)

### El El Frijoles ★

Handmade Mexican food and inventive specials using local ingredients.  
Sargentville · 207-359-2486 · [elfrijoles.com](http://elfrijoles.com)

### LDI Lobster ★

Lobsters, clams, mussels, burgers, and fries with a view of Deer Isle-Sedgwick Bridge.  
Little Deer Isle · 207-348-2848 · [ldilobster.com](http://ldilobster.com)

### Perry's Lobster Shack ★

Dockside dining featuring fresh lobster, lobster rolls, clams, and mussels.  
Surry · 207-667-1955 · [perryslobstershack.com](http://perryslobstershack.com)

### Sandy's Blue Hill Café

Breakfast and lunch, bakery, house-roasted coffee.  
Blue Hill · 207-374-5550 · [sandysbluehillcafe.com](http://sandysbluehillcafe.com)

### Siam Sky

Thai food in the heart of Blue Hill.  
Blue Hill · 207-374-7157 · [siamskyrestaurant.com](http://siamskyrestaurant.com)

### Strong Brewing Co. ★

Microbrewery, on-site tasting and takeaway ales and lagers.  
Sedgwick · 207-359-8722 · [strongbrewing.com](http://strongbrewing.com)



5 MAIN STREET



EL EL FRIJOLES



LDI LOBSTER



PERRY'S LOBSTER SHACK



SEALOFT



STRONG BREWING

Businesses with this ★ symbol host our signs at their locations. Please be sure to visit! Let them know we sent you!

## THE ACTIVITY SHOP

KAYAK, CANOE & S.U.P. RENTAL & DELIVERY

139 MINES ROAD, BLUE HILL, MAINE 04614 · 207.374.3600 · [theactivityshop.com](http://theactivityshop.com)

## OUTDOOR ACTIVITIES

### Blue Hill Heritage Trust

Community-based land conservation. Featuring more than 31 miles of public access walking trails. [bluehillheritagetrust.org](http://bluehillheritagetrust.org)

### Maine Island Tours

Experience Eggemoggin Reach with Captain Art aboard EASTWARD. Brooklin · 207-266-4143 [maineislandtours.com](http://maineislandtours.com)

### Oceanfront Camping at Reach Knolls

Rustic camping on the shores of Eggemoggin Reach. Brooklin · 207-359-5555 · [reachknolls.com](http://reachknolls.com)

### Pinniped Kayak

Sea kayak adventures and instruction in and around the waters of Ellsworth, Sullivan, and Mount Desert Island. Ellsworth · 207-669-2174 [pinnipedkayak.com](http://pinnipedkayak.com)

### Sea Kayak Stonington

Sea kayak rentals, lessons, and guided tours. Stonington · 207-664-8433 [upwestanddowneast.com](http://upwestanddowneast.com)

## CULTURE & ENRICHMENT

### Blue Hill Public Library

Opening doors to information, culture, community, and the world. In-person and digital services for all. Blue Hill · 207-374-5515 · [bhpl.net](http://bhpl.net)

### Flash! In the Pans

Steel drum band and street dances. Alternating Mondays at Blue Hill Town Park [flashinthepans.org](http://flashinthepans.org)

### Kneisel Hall

Chamber music school and summer festival. Blue Hill · 207-374-2203 · [kneisel.org](http://kneisel.org)

### Peninsula Metamorphic Arts & Learning

Tutoring, college essay coaching, and storytelling. Blue Hill · 207-374-5255 · [pmalcenter.com](http://pmalcenter.com)

## SHOPPING

### 5 Main Street by Leaf & Anna ★

Leaf & Anna, Hanna B. Designs, la maison rehash, and Art Box Blue Hill · 207-374-2575 · [@5mainstreet](https://www.instagram.com/5mainstreet)

### Blue Hill Books

Independent bookseller with a varied selection. Blue Hill · 207-374-5632 · [bluehillbooks.com](http://bluehillbooks.com)

### Cadillac Mountain Sports

Sport and outdoor equipment, bike repair. Ellsworth & Bar Harbor · 207-667-7819 [cadillacsports.com](http://cadillacsports.com)

### Fairwinds Florist

Specializing in locally grown flowers. Delivery throughout the region. Blue Hill · 207-374-5621 [fairwindsflorist.com](http://fairwindsflorist.com)

### SeaLoft ★

Gift - Home - Apparel Blue Hill · 207-374-5400 [sealoftmaine.com](http://sealoftmaine.com)

## MARKETS & GROCERIES

### Blue Hill Co-op & Café

Groceries, local goods, bulk items. Café features sandwiches, salads, soups, smoothies, coffee, and baked goods. Blue Hill · 207-374-2165 · [bluehill.coop](http://bluehill.coop)

### Blue Hill Farmers' Market

The original farmers' market on the peninsula. Local farms, prepared foods, crafts, and live music. Saturdays 9-11:30am, late-May to mid-October. Blue Hill · [bluehillfarmersmarket.com](http://bluehillfarmersmarket.com)

### Blue Hill Wine Shop

Eclectic selection of wines, beer, cider, pantry goods, teas, coffee, and cheeses. Blue Hill · 207-374-2161 · [bluehillwineshop.com](http://bluehillwineshop.com)

### Brooklin General Store

Convenience store, made-to-order pizza and grab-n-go lunch items. Brooklin · 207-359-8359 [brooklingeneralstore.com](http://brooklingeneralstore.com)

### Hannaford

The only full-service grocery store on the peninsula. Pharmacy and CLYNK. Blue Hill · 207-374-5137 [stores.hannaford.com/me/blue-hill](http://stores.hannaford.com/me/blue-hill)

## NEWS & LOCAL INFORMATION

### Blue Hill Peninsula Chamber of Commerce

Resources for residents and visitors. Area guides available throughout the peninsula at Info Centers. · [bluehillpeninsula.org](http://bluehillpeninsula.org)

### Maine Public

Local source for PBS, NPR, BBC on tv, radio, and online. · [mainepublic.org](http://mainepublic.org)

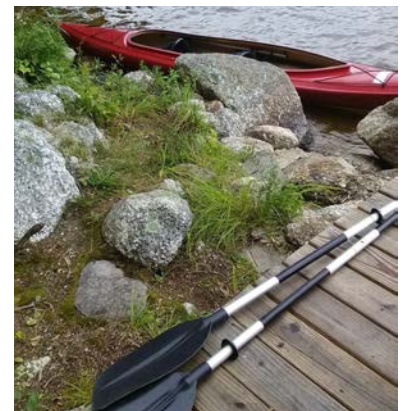
### Penobscot Bay Press

Weekly newspaper publishing: The Weekly Packet, Castine Patriot, and Island Ad-Vantages. [penobscotbaypress.com](http://penobscotbaypress.com)

### WERU 89.9 FM

Community radio. On-air and live streaming of music and local news programming. [weru.org](http://weru.org)

Let's connect on social media!  
We're @theactivityshop!



About The Activity Shop's Peninsula Partners Summer Guide: Think of this guide as some of our favorite spots in the region. There's a whole lot more to explore than can fit on a piece of paper! Contact everyone to confirm hours of operation